



the
VEGAN RESET

**WEEK FOUR: ETHICAL
DAY TWENTY-FIVE:
ENTERTAINMENT**

entertainment

Imagine being born in captivity, never knowing your actual natural habitat, being locked up every evening and never expressing your behavior as nature intended. Worse yet, imagine being stolen from your home as a child, with no hope of ever being reunited with your family, and then spending the rest of your life in captivity and being “broken” to suit the environment and your captors. If you’ve ever been to a zoo, circus, or aquarium, this is exactly what those animals go through.

When you spend money on these things, you inadvertently support forced captivity. Orca whales and dolphins have visible aversion to being kept in pools. These are animals that have an entire ocean to move, swim, and socialize in who are suddenly removed from their natural habitat and kept in solitary pools most of the time. These are not solitary creatures, and most end up showing signs of emotional disturbances and even depression. You may see them flying through the air, “waving” at you, or even “kissing” tourists for photo ops, but make no mistake, this is not fun for them. Only for the viewers who don’t realize the atrocities that they are contributing to.

Zoos and aquariums are very similar, they sometimes have fragments of broken families on display, kept in domes, 4 walls, or cages of some sort.

entertainment

Historically, circuses are the worst offenders. Their conditions are awful. They keep the animals in small cages for most of the day, cruel training sessions where physical consequences are used. They are lucky if they have other members of their species to socialize with. Those animals are not only emotionally and socially abused, but also physically.

Once again, thanks to the worldwide increased popularity of Veganism and an ever growing interest in animal rights, we are starting to see more and more “cruelty-free” circuses (circuses that only offer human-based entertainment), zoos (wild life preserves that allow the animals to roam free in a safe and protected environment) and aquariums (digital aquariums that showcase life-like images of aquatic creatures without harming any actual beings) that don’t exploit animals purely for the enjoyment of mankind.